

## *Breakfast*

### **Crème Brûlée French Toast**

A Wilde favorite turned upside down with a caramel top and a peach & cherry bottom. A bit of whipped cream and toasted pecans makes this an irresistible breakfast treat. 7.5

### **Poofy Omelets**

Fluffy not flat, it's the fresh eggs that make the difference! Served with a slice of toast and our homemade jam. \*Three cheese. 8.5

\*Onion, sweet red pepper and brown mushroom. 9.

\*Ham and cheese. 9.5 \*Egg whites. Add 2.

### **Wilde's Waffle**

Crisp & tender, served with butter, real maple syrup, whipped cream & fresh berries. 5.

### **Breakfast Burro**

Start with a crisp herb tortilla with lots of yummy cheese and 2 scrambled eggs: 6.5 \*Add ham, sausage, bacon, black beans, fresh tomato or avocado. 2. each

### **Classic Benedict**

Crispy English muffin, poached eggs and slices of ham, topped off with rich Hollandaise sauce. Served with our marsala roasted potatoes. 9.

\*Crab Cake Benedict. 12.

### **Classic Oscar Breakfast Sandwich**

Breakfast sandwich with egg, cheese and your choice of wheat or white toast, an English muffin, or croissant. 5.5

\*Add bacon, ham, or sausage. 1.

### **Breakfast Cakes**

The two finest we know! Stack of two served with butter and real maple syrup. 6.5 Crispy cornmeal (as seen the Star Tribune Taste Section) or Fluffy buttermilk

\*Add juicy blueberries. 1.

### **Wilde Oats (weekends only)**

If you've sowed yours, try ours! Steel-cut oatmeal, creamy and hot. Topped with roasted almonds and served with real maple syrup.

Milk or cream on request. 5.

### **Basic Breakfast**

Start with 3 eggs cooked your way, roasted potatoes and toast. 8.

\*Egg whites - Add 2. \*Bacon, sausage patties or ham. Add 3.

### **Breakfast Pizza**

Mixed cheeses, egg, sausage, tomato, onion mushroom & a white sauce. 8.

### **Etc...**

Two slices of toast with jam & butter. 2.5

\*Three bacon slices. 3 \*Two sausage patties. 3

\*Sliced ham. 3 \*Side roasted potatoes. 3.



**WILDE ROAST**  
**CAFE**

*To-Go Menu*

### **Full Catering Services Available.**

518 Hennepin Avenue East, Minneapolis, MN  
612.331.4544 • [www.wilderostcafe.com](http://www.wilderostcafe.com)

## *Appetizer to Share*

### **The Best Crab Cakes**

Mostly Crab, not so much cake, and just the right amount of savory seasoning makes these the crabbiest crab cakes in these parts. No frying either. Served with basil aioli. Two cakes. 12.5

### **Absolutely Artichoke Dip**

Just the good stuff! Artichoke hearts, sour cream, scallions, herbs & parmesan cheese baked bubbly and served with slices of toasty baguette. 9.

### **Wine Lovers Appetizer**

Selection of cheese, a mix of roasted nuts, and olives. 13.

### **Hummus Platter**

A blend of herbs and spices a Wilde Roast Favorite served with rosemary flat bread. 9.

### **Che'vere Platter**

Roasted Garlic and Honey make this a yummy treat. Served with toasted baguette. 9.

### **Quesadilla**

Cheese 7.5 Additional Items 2. each  
Choose from *chicken, BBQ chicken, black bean or vegetables.*  
Served with salsa and sour cream.

### **Soup**

Created from scratch served with toasted baguette.  
Cup 4. Bowl 5.5

## *Sandwiches*

*Served with kettle chips. Substitute petite mixed greens 1.5.  
Substitute soup. cup 3. bowl 4.*

### **Boise Big TBLT**

Smoked turkey, bacon, Swiss cheese, lettuce and tomato served on white or wheat toast. 8.5

### **Constance Chicken**

Grilled chicken breast with Mozzarella, sauteed apples, grilled red onion, mixed greens and mayonnaise on a toasted baguette. 9.

### **French Dip**

A customer favorite, lots of sliced roast beef and Swiss cheese, topped with bacon and horseradish mayo, and a bowl of au jus for dipping. 9.

### **Wilde Turkey Meatloaf**

A must try, hot meatloaf with tasty savory ketchup and fried onion, sandwiched between two warm buns. 9.

### **House Special Grilled Cheese**

Manchego and cheddar-jack cheese melted on your choice of wheat or white bread with tomato, bacon and avocado. 9.

### **Trinity College Tuna Melt**

Wilde Roast tuna salad with olive oil and lemon juice dressing, pine nuts, Blue and Swiss cheese, served on white or wheat toast. 8.5

### **Mushroom Chicken**

Perfectly prepared chicken breast topped with marinated portobella mushroom and Swiss cheese. 9.

### **BBQ Chicken**

Chicken Breast topped with tangy BBQ sauce, bacon and cheddar/ jack cheese. 9.

### **Hummus Vegetarian Sandwich**

Chic pea hummus topped with baby sprouts, red onion and tomato. 8.

### **Curry Chicken Salad Sandwich**

A blend of curried chicken, carrots, cashews and a light mayo dressing with field greens served on toasted white or wheat bread. 8.5

### **Killer Reuben or Rachel**

Sauerkraut roasted with bacon and apples, combined with tender corned beef or smoked turkey and Swiss cheese, with a special sauce. 9.

## *Awesome Salads*

*All salads served with Baguette  
Add chicken breast to your salad for 2.5*

### **Nuts and Berries Salad**

Field green salad with House balsamic vinaigrette with a mix of seasonal berries and toasted nuts. 9.

### **Go Little Goat Herd Salad**

Greens tossed in our house vinaigrette with goat cheese and toasted walnuts, drizzled with a touch of honey. 9.

### **Curry Chicken Salad**

Chicken in a curry mayonnaise with roasted cashews, red onion, shredded carrot on a bed of field greens. 9.

### **Tuna Salad**

A Wilde Roast Classic w/ blue cheese & pine nuts on a bed of field greens. 9.

### **Crab Cake Salad**

Single crab cake, baked to perfection, atop a mound of field greens served with a bit of basil aioli for dipping. 11.5

## *Burgers*

*Served with kettle chips. Substitute petite mixed greens. 1.5.  
Substitute soup. cup 3. bowl 4.*

### **Chef Jeff's Veggie Burger**

House made with black beans, red peppers, roasted garlic, artichoke hearts and potatoes, all blended with herbs and spices. Oven roasted and topped the way you want it. 9. Add cheese 1.

### **Happy Prince Mushroom Burger**

No meat here! Balsamic marinated portobella mushroom served with grilled red onion and horseradish mayo. 8.5

### **Biggun Burger**

It's now even bigger. Big & juicy cooked to medium well. Add the extras. 9. Add bacon and cheese. 1. each.

## *Wilde's Specialty*

### **Pot Roast**

OMG! Braised to perfection & roasted with mirepoix vegetables. Served with garlic smashed potatoes, veal pan sauce & horseradish crème fraiche. 15.

### **Turkey Meatloaf Dinner**

Savory turkey meatloaf, garlic smashed potatoes topped with mushroom gravy, alongside the vegetable of the week. 12.

### **Famous Mac & Cheese**

A creamy four cheese sauce, topped with bread crumbs served with toasted baguette and a side salad. 10.50

## *Pizza*

### **Artichoke Chicken**

Artichokes, chicken and sharp Manchego cheese. 9.

### **Four Cheese**

House made tomato sauce, cheddar/ monterey jack, mozzarella & goat cheese. 10.50

### **Rosemary Chicken**

Fresh rosemary, chicken, parmesan and gorgonzola cheeses with a blanco sauce. 11.5

### **Pizza Special**

Check the message board or ask your Barista for the weekly special.